



湯羹類 SOUP

雞肉粟米湯	£5.80
Minced Chicken & Sweet Corn Soup	
蟹肉粟米湯	£6.80
Crab Meat & Sweet Corn Soup	
雜菜粟米羹	£5.80
Mixed Vegetables & Sweet Corn Soup (V)	
京都酸辣湯	£5.80
Peking Hot & Sour Soup	
齋酸辣湯	£5.80
Vegetables Hot & Sour Soup (V)	
鮮蝦雲吞湯	£6.80
Won Ton Soup	
海鮮豆腐羹	£6.80
Seafood Tofu Soup	
咸蛋白菜豆腐湯	£5.80
Salted Egg, Pak Choi & Tofu Soup	
西湖牛肉羹	£6.80
Beef & Tomato Soup	
四寶瑤柱羹	£6.80
Dried Scallops Four Treasure Soup	
粉葛蓮藕老雞湯 小 £16.80 大 £19.80	
Arrowroot, Lotus Root & Chicken Soup	

頭盤 STARTERS

小食拼盤-兩位起	每位	£9.80ph
Appetiser Platter – minimum 2 person		
椒鹽雞翼		
Salt & Pepper Chicken Wings ~ 1 piece		
椒鹽排骨		
Salt & Pepper Ribs ~ 1 piece		
串燒沙爹雞柳		
Skewered Chicken with Satay Sauce ~ 1 piece		
海草		
Crispy Seaweed with Fish Floss		
鮮蝦多士		
Sesame Prawn on Toast ~ 1 piece		

北京香酥鴨

Peking Aromatic Crispy Duck with Pancakes		
Quarter	£13.80	
Half	£22.80	

頭盤 STARTERS

蝦片	£4.00
Prawn Crackers	
海草	£4.00
Crispy Seaweed with Fish Floss	
齋海草	£4.00
Crispy Seaweed (V)	
酥炸鮮魷	£9.80
Deep Fried Squid (with Sweet & Sour Dip)	
椒鹽鮮魷	£9.80
Salt & Pepper Squid	
椒鹽豆腐	£9.80
Salt & Pepper Tofu (V)	
串燒沙爹雞柳 ~ 3 pieces	£9.80
Skewered Chicken Fillet with Satay Sauce	
椒鹽雞翼 ~ 6 pieces	£9.80
Salt & Pepper Chicken Wings	
椒鹽排骨 ~ 4 pieces	£9.80
Salt & Pepper Ribs	
中式排骨 ~ 4 pieces	£9.80
Cantonese Style Rib in Peking Sauce	
生炒排骨	£15.80
Chopped Spare Rib in Sweet & Sour Sauce	
鮮蝦多士 ~ 6 pieces	£10.80
Sesame Prawn on Toast	
雞米生菜包 ~ 3 pieces	£10.80
Minced Chicken with Lettuce Wrap	
齋生菜包 ~ 3 pieces	£10.80
Diced Mixed Vegetables Lettuce Wrap (V)	
椒鹽軟殼蟹 ~ 2 crabs	£18.80
Salt & Pepper Ribs Soft Shell Crab	



凉拌小食 COLD STARTERS

冰鎮海蜇	£14.80
Spicy Jelly Fish Salad (V)	
凉拌牛腩海蜇	£23.80
Beef Shank & Jelly Fish Salad	
口水雞	£16.80
Mouth-Watering Chicken	
{Chicken in Chili Oil}	
海蜇燻蹄	£23.80
Sliced Marinated Pork Hock with Jelly Fish	
特色拌秋葵	£11.80
Okra Salad (V)	

羊肚菌類 MOREL MUSHROOM

蘆筍煎釀羊肚菌	£28.80
Pan Fried Stuffed Prawn Meat Morel	
Mushroom with Asparagus	
羊肚菌燴蹄筋	£28.80
Braise Tendons with Morel Mushroom	
尖椒炒百花釀羊肚菌	£28.80
Stir Fried Morel Mushroom with	
Stuffed Prawn Meat & Green Chili Peppers	
羊肚菌鵝掌日本豆腐煲	£28.80
Morel Mushroom, Goose Feet &	
Japanese Egg Tofu Casserole	

特別推介 CHEF SPECIAL

白灼大墨魚	£25.80
Poached Fresh Cuttlefish	
XO 醬炒大墨魚	£32.80
Stir Fried Fresh Cuttlefish with XO Sauce	
豉汁/美極百花釀尖椒	£29.80
Pan Fried Chillies with Stuffed Prawn Meats	
in Black Beans Sauce or Maggi Soy Sauce	
蜂窩酥炸/蒜蓉粉絲蒸新鮮生蠔	£9.80 each
Deep Fried / Steamed with Garlic Fresh Oyster	
鐵黑松露生蠔	£26.80
Sizzling Oyster with Black Truffle	
韭菜煎蠔餅	£23.80
Pan Fried Oyster Omelette with	
Chinese Chives	
鮑汁花菇炆鵝掌	£32.80
Braised Goose Feet with Chinese Mushroom in	
Abalone Sauce	

特別推介 CHEF SPECIAL

XO 三鮮玉子豆腐	£32.80
Seafood with Japanese Tofu in XO Sauce	
菌菇爆元貝肉	£32.80
Stir Fried Mixed Mushroom with Scallops	
螺片爆炒菜心	£26.80
Stir Fried Sliced Whelk with Choi Sum	
泡椒爆炒螺片	£20.80
Stir Fried Pickled Chili Pepper with	
Sliced Whelk	
美極煎釀魷魚仔 {吹筒仔}	£32.80
Baby Squid Stuffed with Prawn Meats	
in Maggi Soy Sauce	
黑松露生炒班球	£28.80
Stir Fried Fish Fillets with Black Truffle	
黑松露蚧肉滑蛋	£18.80
Scrambled Eggs with Crab Meat & Black Truffle	
豉汁南瓜蒸排骨	£18.80
Steamed Chopped Ribs with Pumpkin	
豉汁煎釀三寶	£22.80
'Three Treasures' in Black Beans Sauce	
豆豉鯪魚炒涼瓜	£19.80
Stir Fried Bitter Melon with Dace Fish	
in Salted Black Beans	
翠塘蒸豆腐	£26.80
Steamed Egg with Mixed Seafood	
豉汁涼瓜炒牛肉	£21.80
Stir Fried Bitter Melon with Beef	
In Black Bean Sauce	
酥炸大腸	£17.80
Deep Fried Pork Intestine	
味菜炒大腸	£19.80
Stir Fried Pork Intestine with	
Preserved Vegetable	
涼瓜火腩豆腐	£21.80
Stir Fried Roasted Pork Belly, Tofu &	
Bitter Melon	
黑椒牛仔骨	£19.80
Beef Short Ribs in Black Pepper Sauce	
涼瓜牛仔骨	£22.80
Beef Short Ribs with Bitter Melon	



金沙類

Deep Fried Salted Egg Yolk {Golden Sand}

金沙蝦碌	£35.80
Jumbo King Prawn	
金沙百花魷魚	£32.80
Squid Stuffed with Prawn Meat	
金沙軟殼蟹	£23.80
Soft Shell Crab	
金沙蝦球	£23.80
King Prawn	
金沙焗豬扒	£21.80
Pork Chop	
金沙玉子豆腐	£21.80
Japanese Tofu	
金沙焗南瓜	£21.80
Pumpkin	
金沙魷魚鬚	£26.80
Squid Whiskers	

龍蝦類 LOBSTER

金沙龍蝦	£68.00 each
Deep Fried Whole Lobster with Salted Egg	
芝士焗龍蝦	£68.00 each
Whole Lobster in Cheese Sauce	
薑蔥焗龍蝦	£59.00 each
Whole Lobster with Ginger & Spring Onion	
避風塘龍蝦	£59.00 each
Deep Fried Whole Lobster with Spicy Dried Chili	

Any Lobster Add Noodles + £10.00 each

蝦類 Seafood

椒鹽蝦碌	£29.80
Salt & Pepper Jumbo Prawns in Shell	
避風塘蝦碌	£29.80
Spicy Dried Chilli Jumbo Prawns in Shell	
露笋炒蝦球	£23.80
Stir Fried King Prawns with Asparagus	
香煎韭菜蝦球	£23.80
Pan Fried Prawns with Chinese Chives	
金網千島蝦球	£25.80
King Prawns in Thousand Island Sauce	

魚類 Fish

多寶魚 Turbot Fish 1000g	Each
清蒸	£49.00
Steamed	
香煎	£52.00
Pan Fried	
石斑魚 Grouper 700g	Each
清蒸	£39.80
Steamed	
兩食	£49.80
Two Ways	
鱸魚 Seabass	Each
清蒸 / 糖醋 / 干燒 / 紅燒	£27.80
Steamed / Spicy sweet & Sour /	
Braised /	
Pan Fried in Chili Red Beans Sauce	
水煮鱸魚	each £27.80
Poached Seabass in Sichuan Spicy Oil	
酸菜水煮鱸魚	each £27.80
Poached Seabass with Pickled Cabbage	

海鮮類 Seafood

蒜蓉粉絲蒸帶子	£5.80 each
Steamed Scallops with Garlic & Glass Noodles	
蒜蓉粉絲蒸魷魚	£21.80
Steamed Squid with Garlic & Glass Noodles	
雙色蒸魚頭	£28.80
Steamed Fish Heads	
豉汁盤龍鱔 預定	
香鍋魷魚鬚	£21.80
Squid Whiskers in Spicy Sauce	

羊肉類 LAMB

水煮羊肉	£28.80
Spicy Hot Poached Lamb	
孜然羊肉	£28.80
Lamb in Cumin Style	
香蔥爆羊肉	£28.80
Lamb with Ginger & Spring Onion	



燒臘 CANTONESE ROAST

五福大拼盤	£38.00
Assorted Roast Meat Combination	
去骨 Off bones	£40.00
燒味拼盤(三燒)	£21.00
Assorted Three Roast Meat Combination	
去骨 Off bones	£23.00
明爐燒鴨 ~ 半隻	£19.00
Cantonese Roast Duck - half	
去骨 Off bones	£21.00
豉油肥雞 ~ 半隻	£15.00
Marinated Soya Chicken ~ half	
薑蔥霸王雞 ~ 半隻	£17.00
Chicken in Ginger & Spring Onions Soya Sauce	
貴妃雞 ~ 半隻	£15.00
Cold Marinated Chicken ~ half	
脆皮燒肉	£15.00
Roast Crunchy Belly Pork	
蜜汁叉燒	£15.00
Honey Roast Lean Pork (Char Siu)	

雞肉類 CHICKEN

避風塘香辣雞塊	£19.80
Deep Fried Chicken with Dried Chili	
辣子雞無骨	£19.80
Dry Fried Diced Chicken with	
Dried Red Chilli {boneless}	
孜然雞胗	£16.80
Chicken Gizzard in Szechuan Cumin Style	
蜜汁檸檬雞	£16.80
Deep Fried Sliced Chicken Fillet with	
Honey & Lemon Sauce	

牛肉類 BEEF

中式焗牛柳	£32.80
Sizzling Fillet Steak Cantonese Style	
黑椒焗牛柳	£32.80
Sizzling Fillet Steak in Black Pepper Sauce	
黑松露生炒牛柳	£35.80
Stir Fried Beef Fillet with Black Truffle	
黑松露秋葵牛柳粒	£35.80
Stir Fried Diced Beef Fillet with Okra	
乾蔥美極焗牛柳	£32.80
Beef Fillet with Maggi Sauce	
水煮牛肉	£20.80
Spicy Hot Poached Beef	
乾炒牛肉絲	£16.80
Fried Shredded Beef with Chilli & Garlic	
時菜炒牛肉	£20.80
Stir Fried Beef with Seasonal Vegetables	

豬肉類 PORK

椒鹽豬扒	£18.80
Salt & Pepper Pork Chop	
西汁豬扒	£18.80
Pork Chop in Cantonese Style	
避風塘豬扒	£18.80
Pork Chop with Spicy Dried Chili	
鍋包肉	£18.80
Deep Fried Sliced Pork with Honey	
四川麻婆豆腐	£16.80
Mapo Tofu with Mince Pork	
水煮肉片	£20.80
Spicy Hot Poached Pork	
香鍋花菜/手撕包菜	£18.80
Spicy Sliced Pork Belly with Chinese	
Cabbage or Chinese Cauliflower	

鴨肉類 DUCK

百花鴨	£20.80
Deep Fried Roast Duck Stuffed with	
Prawn Meat in Mushroom Sauce	
梅子火鴨片	£17.80
Deep Fried Roast Duck in Plum Sauce	



煲仔菜 CASSEROLE

鮑魚雞煲(六粒)	£43.80
Abalone & Chicken Casserole	
三鮮鵝掌玉子豆腐煲	£36.80
Mixed Seafood, Goose Feet & Japanese Tofu	
特色一品煲	£35.80
Only Yu House Special Casserole	
腐竹羊腩煲	£21.80
Lamb Breast Casserole	
沙爹粉絲蝦碌煲	£29.80
King Prawns & Glass Noodles in Satay Sauce	
沙爹金菇肥牛煲	£23.80
Satay Sauce Sliced Fatty Beef & Enoki Mushroom Casserole	
涼瓜魚頭煲	£28.80
Fish Heads with Bitter Melon	
和尚魚火腩豆腐煲 {可以免火腩}	£23.80
Monkfish Fillet & Tofu Casserole {with or without Pork Belly}	
生煎海鰻煲	£21.80
Pan Fried Eel Casserole	
乾蔥生蠔啫雞煲	£23.80
Oyster & Chicken with Shallot Casserole	
金菇蒜蓉生蠔煲	£23.80
Garlic Oyster & Enoki Mushroom Casserole	
咸魚茄子煲-中國茄子	£18.80
Chinese Aubergine, Minced Pork & Salted Fish Casserole	
板栗紅燒肉煲	£18.80
Braised Pork Belly with Chestnut Casserole	
梅菜扣肉煲	£18.80
Pork Belly with Preserved Vegetable	
蘿蔔牛腩煲	£18.80
Beef Brisket Casserole	
南乳素齋豆腐煲	£15.80
Vegetables & Tofu with Red Beancurd Casserole (V)	

健怡素食 VEGETABLES DISHES (V)

蜜汁山藥	£16.80
Chinese Yam in Honey Sauce	
素香鍋雞菌	£16.80
Stir Fried Termite Mushroom in Spicy Sauce	
素尖椒炒豆腐皮	£16.80
Stir Fried Tofu Skin with Pepper	
素香鍋脆茄子盒	£16.80
Crispy Aubergine in Spicy Sauce	
素家香燒茄子	£16.80
Stir Fried Aubergine with Tomato	
養生小炒	£15.80
Mixed Root Vegetables & Squash	
素香辣什菜豆腐	£15.80
Vegetables & Tofu in Spicy Sauce	
素豉汁虎皮尖椒	£16.80
Stir Fried Pepper in Black Bean Sauce	
蒜蓉爆炒茼蒿	£16.80
Chinese Celtuce in Garlic Sauce	
豉汁炒涼瓜	£16.80
Bitter Melon in Black Bean Sauce	

尖椒類 GREEN CHILI PEPPER

尖椒炒三鮮	£32.80
Mixed Seafood	
尖椒炒大墨魚	£28.80
Cuttlefish	
尖椒炒魷魚鬚	£24.80
Squid Whiskers	
尖椒炒魷魚仔	£24.80
Baby Squid	
尖椒炒大腸	£19.80
Pork Intestine	
尖椒炒雞珍	£19.80
Chicken Gizzard	



素菜 VEGETABLES

中國豆苗 Tou Mui	£18.80
中國包菜 Chinese Cabbage	£17.80
中國芥蘭 Kai Lan	£16.80
中國菜心 Choi Sum	£16.80
雜菜 Mixed Vegetables	£16.80
露荀 Asparagus	£16.80
通菜 Tung Choi	£15.80
大白菜 Chinese Leaves	£15.80
菠菜 Bor Choi (Spinach)	£13.80
西蘭花 Broccoli	£13.80
西生菜 Iceberg Lettuce	£13.80
小白菜 Pak Choi	£13.80
豆角 Green Beans	£13.80

with:

蒜茸 Garlic Sauce	上湯 Broth
蠔油 Oyster Sauce	薑汁 Ginger Sauce

椒絲腐乳

Preserved Chilli Beancurd

百花或海鮮 + £8.00

Prawn Meat Cake or Seafood

肉類 + £5.00

Meat

金銀蛋肉松 + £3.00

Mince Pork Salted Egg

馬拉盞 + £3.00

Belacan Sauce

SIDES

白飯 Boiled Rice	£3.90
炒飯 Egg Fried Rice	£4.30
淨炒麵 Stir Fried Noodles with or without Bean Sprouts	£8.80
淨炒米 Stir Fried Vermicelli with or without Bean Sprouts	£8.80
淨炒河 Stir Fried Rice Stick (Ho Fan)	£8.80
薯條 Chips	£3.90
椒鹽薯條 Salt & Chilli Pepper Chips	£4.90
辣椒絲豉油 Soya Sauce with Fresh Chillies, Spring Onions & Ginger	£4.90

Please ask for other seasonal vegetables available

