



湯羹類 SOUP

雞肉粟米湯 Minced Chicken & Sweet Corn Soup	£5.80
蟹肉粟米湯 Crab Meat & Sweet Corn Soup	£6.80
雜菜粟米羹 Mixed Vegetables & Sweet Corn Soup (V)	£5.80
京都酸辣湯 Peking Hot & Sour Soup	£5.80
齋酸辣湯 Vegetables Hot & Sour Soup (V)	£5.80
鮮蝦雲吞湯 Won Ton Soup	£6.80
海鮮豆腐羹 Seafood Tofu Soup	£6.80
咸蛋白菜豆腐湯 Salted Egg, Pak Choi & Tofu Soup	£5.80
西湖牛肉羹 Beef & Tomato Soup	£6.80
四寶瑤柱羹 Dried Scallops Four Treasure Soup	£6.80
粉葛蓮藕老雞湯 小 £16.80 大 £19.80 Arrowroot, Lotus Root & Chicken Soup	

頭盤 STARTERS

小食拼盤-兩位起 每位 £12.80ph Appetiser Platter – minimum 2 person	
椒鹽雞翼 Salt & Pepper Chicken Wings ~ 1 piece	
椒鹽排骨 Salt & Pepper Ribs ~ 1 piece	
串燒沙爹雞柳 Skewered Chicken with Satay Sauce ~ 1 piece	
海草 Crispy Seaweed with Fish Floss	
鮮蝦多士 Sesame Prawn on Toast ~ 1 piece	

北京香酥鴨

Peking Aromatic Crispy Duck with Pancakes	
Quarter	£16.80
Half	£29.80

頭盤 STARTERS

蝦片 Prawn Crackers	£5.50
海草 Crispy Seaweed with Fish Floss	£5.50
齋海草 Crispy Seaweed (V)	£5.50
酥炸鮮魷 Deep Fried Squid (with Sweet & Sour Dip)	£12.80
椒鹽鮮魷 Salt & Pepper Squid	£12.80
椒鹽豆腐 Salt & Pepper Tofu (V)	£12.80
串燒沙爹雞柳 ~ 3 pieces Skewered Chicken Fillet with Satay Sauce	£9.80
椒鹽雞翼 ~ 6 pieces Salt & Pepper Chicken Wings	£9.80
椒鹽排骨 ~ 4 pieces Salt & Pepper Ribs	£9.80
中式排骨 ~ 4 pieces Cantonese Style Rib in Peking Sauce	£9.80
生炒排骨 Chopped Spare Rib in Sweet & Sour Sauce	£15.80
鮮蝦多士 ~ 6 pieces Sesame Prawn on Toast	£12.80
雞米生菜包 ~ 3 pieces Minced Chicken with Lettuce Wrap	£10.80
齋生菜包 ~ 3 pieces Diced Mixed Vegetables Lettuce Wrap (V)	£10.80
椒鹽軟殼蟹 ~ 2 crabs Salt & Pepper Ribs Soft Shell Crab	£18.80



涼拌小食 COLD STARTERS

冰鎮海蜇	£14.80
Spicy Jelly Fish Salad (V)	
涼拌牛腩海蜇	£23.80
Beef Shank & Jelly Fish Salad	
口水雞	£16.80
Chicken in Chili Oil	
海蜇燻蹄	£23.80
Sliced Marinated Pork Hock with Jelly Fish	
特色拌秋葵	£14.80
Okra Salad (V)	

羊肚菌類 MOREL MUSHROOM

蘆筍煎釀羊肚菌	£32.80
Pan Fried Stuffed Prawn Meat Morel Mushroom with Asparagus	
羊肚菌燴蹄筋	£32.80
Braise Tendons with Morel Mushroom	
尖椒炒百花釀羊肚菌	£32.80
Stir Fried Morel Mushroom with Stuffed Prawn Meat & Green Chili Peppers	
羊肚菌鵝掌日本豆腐煲	£32.80
Morel Mushroom, Goose Feet & Japanese Egg Tofu Casserole	

特別推介 CHEF SPECIAL

白灼大墨魚	£25.80
Poached Fresh Cuttlefish	
XO 醬炒大墨魚	£32.80
Stir Fried Fresh Cuttlefish with XO Sauce	
豉汁/美極百花釀尖椒	£29.80
Pan Fried Chillies with Stuffed Prawn Meats in Black Beans Sauce or Maggi Soy Sauce	
鮑汁花菇炆鵝掌	£32.80
Braised Goose Feet & Chinese Mushroom in Abalone Sauce	
鐵黑松露生蠔	£28.80
Sizzling Oyster with Black Truffle	
韭菜煎蠔餅	£23.80
Pan Fried Oyster Omelette with Chinese chives	

特別推介 CHEF SPECIAL

XO 三鮮玉子豆腐	£32.80
Seafood with Japanese Tofu in XO Sauce	
菌菇爆元貝肉	£32.80
Stir Fried Mixed Mushroom with Scallops	
螺片爆炒菜心	£26.80
Stir Fried Sliced Whelk with Choi Sum	
泡椒爆炒螺片	£23.80
Stir Fried Pickled Chili Pepper with Sliced Whelk	
美極煎釀魷魚仔 {吹筒仔}	£32.80
Baby Squid Stuffed with Prawn Meats in Maggi Soy Sauce	
黑松露生炒班球	£32.80
Stir Fried Fish Fillets with Black Truffle	
黑松露蚧肉滑蛋	£18.80
Scrambled Eggs with Crab Meat & Black Truffle	
豉汁南瓜蒸排骨	£18.80
Steamed Chopped Ribs with Pumpkin	
豉汁煎釀三寶	£32.80
'Three Treasures' in Black Beans Sauce	
豆豉鯪魚炒涼瓜	£19.80
Stir Fried Bitter Melon with Dace Fish in Salted Black Beans	
翠塘蒸豆腐	£26.80
Steamed Egg with Mixed Seafood	
豉汁涼瓜炒牛肉	£23.80
Stir Fried Bitter Melon with Beef in Black Bean Sauce	
酥炸大腸	£17.80
Deep Fried Pork Intestine	
味菜炒大腸	£19.80
Stir Fried Pork Intestine with Preserved Vegetable	
涼瓜火腩豆腐	£21.80
Roasted Pork Belly, Tofu & Bitter Melon	
黑椒牛仔骨	£19.80
Beef Short Ribs in Black Pepper Sauce	
涼瓜牛仔骨	£25.80
Beef Short Ribs with Bitter Melon	



金沙類

Deep Fried Salted Egg Yolk {Golden Sand}

金沙蝦碌 Jumbo King Prawn	£35.80
金沙百花魷魚 Squid Stuffed with Prawn Meat	£38.80
金沙軟殼蟹 ~ 兩隻 Soft Shell Crabs ~ 2 crabs	£23.80
金沙蝦球 King Prawn	£23.80
金沙焗豬扒 Pork Chop	£23.80
金沙玉子豆腐 Japanese Tofu	£21.80
金沙焗南瓜 Pumpkin	£21.80
金沙魷魚鬚 Squid Whiskers	£26.80

龍蝦類 LOBSTER

金沙龍蝦 Deep Fried Whole Lobster with Salted Egg	£68.00 each
芝士焗龍蝦 Whole Lobster in Cheese Sauce	£68.00 each
薑蔥焗龍蝦 Whole Lobster with Ginger & Spring Onion	£59.00 each
避風塘龍蝦 Deep Fried Whole Lobster with Spicy Dried Chili	£59.00 each

Any Lobster Add Noodles + £10.00 each

蝦類 Seafood

椒鹽蝦碌 Salt & Pepper Jumbo Prawns in Shell	£29.80
避風塘蝦碌 Spicy Dried Chilli Jumbo Prawns in Shell	£29.80
露笋炒蝦球 Stir Fried King Prawns with Asparagus	£23.80
香煎韭菜蝦球 Pan Fried Prawns with Chinese Chives	£23.80
金網千島蝦球 King Prawns in Thousand Island Sauce	£25.80

魚類 Fish

多寶魚 Turbot Fish 1000g 清蒸 Steamed 香煎 Pan Fried	Each £49.00 £52.00
石斑魚 Grouper 700g 清蒸 Steamed 兩食 Two Ways	Each £39.80 £49.80
鱸魚 Seabass 清蒸 / 糖醋 / 干燒 / 紅燒 Steamed / Spicy sweet & Sour / Braised / Pan Fried in Chili Red Beans Sauce	Each £27.80
水煮鱸魚 Poached Seabass in Sichuan Spicy Oil	each £27.80
酸菜水煮鱸魚 Poached Seabass with Pickled Cabbage	each £27.80

海鮮類 Seafood

蒜蓉粉絲蒸帶子 Steamed Scallops with Garlic & Glass Noodles	£5.80 each
蒜蓉粉絲蒸魷魚 Steamed Squid with Garlic & Glass Noodles	£21.80
雙色蒸魚頭 Steamed Fish Heads	£28.80
豉汁盤龍鱔 預定 香鍋魷魚鬚 Squid Whiskers in Spicy Sauce	 £21.80

羊肉類 LAMB

水煮羊肉 Spicy Hot Poached Lamb	£28.80
孜然羊肉 Lamb in Cumin Style	£28.80
香蔥爆羊肉 Lamb with Ginger & Spring Onion	£28.80



燒臘 CANTONESE ROAST

五福大拼盤 £48.80

Assorted Roast Meat Combination

去骨 Off bones £50.80

燒味拼盤(三燒/雙拼) £26.80

Assorted Three Roast Meat Combination

去骨 Off bones £28.80

明爐燒鴨 ~ 半隻 £21.80

Cantonese Roast Duck - half

去骨 Off bones £23.80

豉油肥雞 ~ 半隻 £18.00

Marinated Soya Chicken ~ half

薑蔥霸王雞 ~ 半隻 £20.80

Chicken in Ginger & Spring Onions Soya Sauce

貴妃雞 ~ 半隻 £18.00

Cold Marinated Chicken ~ half

脆皮燒肉 £18.00

Roast Crunchy Belly Pork

蜜汁叉燒 £18.00

Honey Roast Lean Pork (Char Siu)

雞肉類 CHICKEN

避風塘香辣雞塊 £19.80

Deep Fried Chicken with Dried Chili

辣子雞無骨 £19.80

Dry Fried Diced Chicken with

Dried Red Chilli {boneless}

孜然雞胗 £16.80

Chicken Gizzard in Szechuan Cumin Style

蜜汁檸檬雞 £16.80

Deep Fried Sliced Chicken Fillet with

Honey & Lemon Sauce

牛肉類 BEEF

中式焗牛柳 £32.80

Sizzling Fillet Steak Cantonese Style

黑椒焗牛柳 £32.80

Sizzling Fillet Steak in Black Pepper Sauce

黑松露生炒牛柳 £35.80

Stir Fried Beef Fillet with Black Truffle

黑松露秋葵牛柳粒 £35.80

Stir Fried Diced Beef Fillet with Okra

乾蔥美極焗牛柳 £32.80

Beef Fillet with Maggi Sauce

水煮牛肉 £20.80

Spicy Hot Poached Beef

乾炒牛肉絲 £16.80

Fried Shredded Beef with Chilli & Garlic

時菜炒牛肉 £20.80

Stir Fried Beef with Seasonal Vegetables

豬肉類 PORK

椒鹽豬扒 £18.80

Salt & Pepper Pork Chop

西汁豬扒 £18.80

Pork Chop in Cantonese Style

避風塘豬扒 £18.80

Pork Chop with Spicy Dried Chili

鍋包肉 £18.80

Deep Fried Sliced Pork with Honey

四川麻婆豆腐 £16.80

Mapo Tofu with Mince Pork

水煮肉片 £20.80

Spicy Hot Poached Pork

香鍋花菜/手撕包菜 £18.80

Spicy Sliced Pork Belly with Chinese

Cabbage or Chinese Cauliflower

鴨肉類 DUCK

百花鴨 £23.80

Deep Fried Roast Duck Stuffed with
Prawn Meat in Mushroom Sauce

梅子火鴨片 £17.80

Deep Fried Roast Duck in Plum Sauce



煲仔菜 CASSEROLE

鮑魚雞煲(六粒)	£49.80
Abalone & Chicken Casserole	
三鮮鵝掌玉子豆腐煲	£36.80
Mixed Seafood, Goose Feet & Japanese Tofu	
特色一品煲	£43.80
Only Yu House Special Casserole	
腐竹羊腩煲	£21.80
Lamb Breast Casserole	
沙爹粉絲蝦碌煲	£35.80
King Prawns & Glass Noodles in Satay Sauce	
沙爹金菇肥牛煲	£23.80
Satay Sauce Sliced Fatty Beef & Enoki Mushroom Casserole	
涼瓜魚頭煲	£28.80
Fish Heads with Bitter Melon	
和尚魚火腩豆腐堡 {可以免火腩}	£23.80
Monkfish Fillet & Tofu Casserole {with or without Pork Belly}	
生煎海鰻煲	£21.80
Pan Fried Eel Casserole	
乾蔥生蠔啫雞煲	£23.80
Oyster & Chicken with Shallot Casserole	
金菇蒜蓉生蠔煲	£23.80
Garlic Oyster & Enoki Mushroom Casserole	
咸魚茄子煲-中國茄子	£18.80
Chinese Aubergine, Minced Pork & Salted Fish Casserole	
板栗紅燒肉煲	£18.80
Braised Pork Belly with Chestnut Casserole	
梅菜扣肉煲	£18.80
Pork Belly with Preserved Vegetable	
蘿蔔牛腩煲	£18.80
Beef Brisket Casserole	
南乳素齋豆腐煲	£15.80
Vegetables & Tofu with Red Beancurd Casserole (V)	

健怡素食 VEGETABLES DISHES (V)

蜜汁山藥	£16.80
Chinese Yam in Honey Sauce	
素香鍋雞菌	£16.80
Stir Fried Termite Mushroom in Spicy Sauce	
素尖椒炒豆腐皮	£16.80
Stir Fried Tofu Skin with Pepper	
素香鍋脆茄子盒	£16.80
Crispy Aubergine in Spicy Sauce	
素家香燒茄子	£16.80
Stir Fried Aubergine with Tomato	
養生小炒	£15.80
Mixed Root Vegetables & Squash	
素香辣什菜豆腐	£15.80
Vegetables & Tofu in Spicy Sauce	
素豉汁虎皮尖椒	£16.80
Stir Fried Pepper in Black Bean Sauce	
蒜蓉爆炒茼蒿	£16.80
Chinese Celtuce in Garlic Sauce	
豉汁炒涼瓜	£16.80
Bitter Melon in Black Bean Sauce	

尖椒類 GREEN CHILI PEPPER

尖椒炒三鮮	£32.80
Mixed Seafood	
尖椒炒大墨魚	£28.80
Cuttlefish	
尖椒炒魷魚鬚	£24.80
Squid Whiskers	
尖椒炒魷魚仔	£24.80
Baby Squid	
尖椒炒大腸	£19.80
Pork Intestine	
尖椒炒雞珍	£19.80
Chicken Gizzard	



素菜 VEGETABLES

中國豆苗 Tou Mui	£18.80
中國包菜 Chinese Cabbage	£17.80
中國芥蘭 Kai Lan	£16.80
中國菜心 Choi Sum	£16.80
雜菜 Mixed Vegetables	£16.80
露荀 Asparagus	£16.80
通菜 Tung Choi	£15.80
大白菜 Chinese Leaves	£15.80
菠菜 Bor Choi (Spinach)	£13.80
西蘭花 Broccoli	£13.80
西生菜 Iceberg Lettuce	£13.80
小白菜 Pak Choi	£13.80
豆角 Green Beans	£13.80

with:

蒜茸 Garlic Sauce	上湯 Broth
蠔油 Oyster Sauce	薑汁 Ginger Sauce

椒絲腐乳

Preserved Chilli Beancurd

百花或海鮮 + £8.00

Prawn Meat Cake or Seafood

肉類 + £5.00

Meat

金銀蛋肉松 + £3.00

Mince Pork Salted Egg

馬拉盞 + £3.00

Belacan Sauce

SIDES

白飯 Boiled Rice	£3.90
炒飯 Egg Fried Rice	£4.30
淨炒麵 Stir Fried Noodles with or without Bean Sprouts	£8.80
淨炒米 Stir Fried Vermicelli with or without Bean Sprouts	£8.80
淨炒河 Stir Fried Rice Stick (Ho Fan)	£8.80
薯條 Chips	£3.90
椒鹽薯條 Salt & Chilli Pepper Chips	£4.90
辣椒絲豉油 Soya Sauce with Fresh Chillies, Spring Onions & Ginger	£4.90

Please ask for other seasonal vegetables available

